



COACH & PLAYER EXPECTATIONS

It is our vision that the ICE League will be a premier basketball league that stresses the importance of education, excellent character, sportsmanship and fitness. We expect this to be a quality league in every sense. All players and coaches are expected to act, dress and speak with class at all times while associated with ICE League activities.

SPECIFIC EXPECTATIONS

- 1.** All players must hold a 2.5 grade average to fully participate in the ICE League. A 2.3 to a 2.49 GPA will allow for two quarters of play in the game. A 2.0 to a 2.29 GPA will allow for one quarter of play in the game. The ICE League will monitor, and coaches will enforce this rule.
- 2.** All players and coaches will show respect to all game officials and to one another.
- 3.** All players and coaches will line up and shake hands after each game.
- 4.** No profanity should be used by any player or coach at any time.
- 5.** All coaches should wear their ICE League t-shirt, warm up pants or coaching shorts and tennis shoes during practices. All players should wear their ICE League practice uniform with the shirt tucked in.
- 6.** All coaches should wear their ICE League coaching shirt, black or khaki pants and dress or casual shoes (no tennis shoes) at the games. All players should wear their ICE League uniform with the shirt tucked in.
- 7.** Only two adults should be sitting on the team bench or in the team huddles; the head coach and the assistant coach at the games.
- 8.** Practice requirements:

Week 1 – minimum of 2, maximum of 4 practices; no more than 2 hours per practice.

Weeks 2, 3, 4 – minimum of 1, maximum of 2 practices; no more than 1 ½ hours per practice (teams will also be playing 2 games/week).

Week 5 – minimum of 2, maximum of 4 practices; no more than 2 hours per practice.

The tournament will be on the Saturday at the end of week 5.